



Five Pillars of the Spiritual Life: A Practical Guide to Prayer for Active People

By Fr Robert J Spitzer S J PH D

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Fr. Spitzer, President of Gonzaga University and a highly regarded spiritual teacher and writer, presents a practical, yet rich guide for helping busy people develop a regular and deeper prayer life. Based on many successful retreats and seminars he has given to much acclaim over the years, this brilliant Jesuit priest presents five essential means through which the contemplative and active aspects of our lives can be fused together for a stronger spiritual life.

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Editorial Review

About the Author

Robert J. Spitzer, S.J., Ph.D. is the former president of Gonzaga University and the founder of the Magis Institute, which educates the public about the relationship between physics, philosophy, reason, and faith. He is the chief education officer of the Ethics and Performance Institute, which delivers web-based ethics education to corporations and individuals, and President of the Spitzer Center for Ethical Leadership, which delivers similar curricula to non-profit organizations. He is the author of *Healing the Culture*, *Five Pillars of the Spiritual Life*, and *Ten Universal Principles*.

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