



# The Hormone Handbook 2nd Edition

By Thierry Hertoghe

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Dr Thierry Hertoghe is at the basis of various extensive review reports on corrective (or replacement) hormone therapies: melatonin, DHEA, growth hormone, cortisol, thyroid T3-T4 treatments, 24-hour urine hormone tests of the Belgian Society of Anti-Aging Medicine. All in English, except one on DHEA treatment. Most of these works are reviews on one particular hormone therapy and constitute evidence-based answers to hormone therapy controversies. The first edition has been a tremendous success among physicians. The long-awaited second edition with improvements in many sections of the book will boost their enthusiasm: Added: 30% more practical information in 850 pages. Added: Six new chapters on major hormones that will change the physician's practice: IGF-1 and insulin, both possibly more potent than growth hormone, vasopressin the wrinkle-reducer, oxytocin the orgasm-restorer, MSH therapies far more potent than testosterone for male and female sexuality, and parathormone, the major anti-osteoporosis hormone. Added: Updated scientific references with essential data that justifies the use of hormone therapies better than ever: protective effects of hormones in cancer patients, increased risk of disease in patients whose hormone levels remain within the lower half of the reference range, etc.

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