



Sex Is Not the Problem (Lust Is): Sexual Purity in a Lust-Saturated World

By Joshua Harris

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Lust isn't just a guy problem – it's a human problem. And unless we honestly confront it, lust will destroy our relationships and our lives. Joshua Harris, author of the runaway bestseller *I Kissed Dating Goodbye*, calls a generation bombarded with images of sexual sin back to the freedom and joy of holiness. This "PG-rated" book – straightforward without being graphic – speaks to those entrenched in lust or just flirting with temptation. Honestly sharing his own struggles, Harris exposes lust's tactics and helps readers create a personal plan for fighting back. Men and women will find hope in God's grace and learn the secrets to lasting change.

Neither sex nor sexuality is our enemy. We need to rescue our sexuality from lust so we can experience it as God intended.

Bestselling author Joshua Harris shows you how lust deceives you. Specific and honest without being graphic, this book—for both men and women—will guide you in creating a custom plan for fighting lust and celebrating purity.

Praise for *Sex Is Not the Problem (Lust Is)*

“For your joy and Christ’s honor, I commend this book to you. It is realistic, practical, and hope-giving.”

-John Piper, pastor of Bethlehem Baptist Church, Minneapolis

“A beautiful blend of grace and truth. Joshua Harris raises high standards of holiness while carefully avoiding legalism. I highly recommend it.”

-Randy Alcorn, bestselling author of The Treasure Principle and The Purity Principle

“I am very encouraged that my longtime friend Josh Harris has written a book about lust. May God use this book to keep many from allowing their minds to become ‘the devil’s playground.’”

-Rebecca St. James, singer/songwriter

Story Behind the Book

“I was preparing a message on lust when I realized that the book I wanted to consult hadn’t been written. That book would make it clear that only Jesus Christ can free us from the hopeless treadmill of shame and guilt that so many well-intentioned people end up on. It would instill a love for holiness and a hatred for sin without dragging the reader’s imagination through the gutter. And it would be for both men and women, because I’ve learned that lust isn’t just a guy problem—it’s a human problem.”

—Joshua Harris

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Editorial Review

About the Author

Joshua Harris lives outside Washington, D.C., in Gaithersburg, Maryland, where he is a pastor at Covenant Life Church. He speaks nationally and leads an annual conference for college students called New Attitude. Joshua and his wife Shannon have two children.

Users Review

From reader reviews:

Robert Stewart:

In this 21st centuries, people become competitive in each and every way. By being competitive at this point, people have do something to make all of them survives, being in the middle of the crowded place and notice through surrounding. One thing that occasionally many people have underestimated that for a while is reading. Yes, by reading a book your ability to survive raise then having chance to remain than other is high. For you who want to start reading any book, we give you that Sex Is Not the Problem (Lust Is): Sexual Purity in a Lust-Saturated World book as starter and daily reading book. Why, because this book is usually more than just a book.

Bethany Christiansen:

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Allen Barnett:

Precisely why? Because this Sex Is Not the Problem (Lust Is): Sexual Purity in a Lust-Saturated World is an unordinary book that the inside of the publication waiting for you to snap that but latter it will surprise you with the secret the idea inside. Reading this book close to it was fantastic author who all write the book in such remarkable way makes the content interior easier to understand, entertaining means but still convey the meaning fully. So , it is good for you because of not hesitating having this any more or you going to regret it. This unique book will give you a lot of gains than the other book include such as help improving your expertise and your critical thinking method. So , still want to postpone having that book? If I were you I will go to the guide store hurriedly.

Sallie Farris:

Reading can be called head hangout, why? Because if you find yourself reading a book especially book entitled *Sex Is Not the Problem (Lust Is): Sexual Purity in a Lust-Saturated World* the mind will drift away through every dimension, wandering in every single aspect that maybe unknown for but surely can be your mind friends. Imaging each and every word written in a reserve then become one form conclusion and explanation that maybe you never get ahead of. The *Sex Is Not the Problem (Lust Is): Sexual Purity in a Lust-Saturated World* giving you another experience more than blown away the mind but also giving you useful info for your better life in this era. So now let us explain to you the relaxing pattern at this point is your body and mind is going to be pleased when you are finished looking at it, like winning a game. Do you want to try this extraordinary investing spare time activity?

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