



Essentials of Premarital Counseling: Creating Compatible Couples (New Horizons in Therapy)

By Sandra Levy Ceren

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Couples will discover and have the opportunity to change bad habits which threaten the viability of the relationship.

Therapists Acclaim for Essentials of Pre-Marital Counseling

"An invaluable ten-week program of specific steps to evaluate a relationship, detect warning signs and avoid disastrous pitfalls before committing to marriage."

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"What I find most rewarding about this book is what Dr. Ceren refers to as 'The art of gracious compromise'-or what may be called-how to get along in your relationship. Therapists take heed, this book is for you and your clients! You will benefit greatly."

--Michael J. Salamon, Ph.D., FICPP, Senior Psychologist/Director, Adult Developmental Center, Author of *The Shidduch Crisis*

"A remarkable roadmap to a healthy relationship and insight into self, written by a therapist who combines experience and skill in improving the lives of others."

--Rosalee G. Weiss, PhD Diplomate, American Board of Psychological Specialties Learn more about the author at www.DrSandraLevyCeren.com

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