



## Games People Play

By Eric Berne M.D.

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Dr. Eric Berne, as the originator of transactional analysis, has attained recognition for developing one of the most innovative approaches to modern psychotherapy. Discover how many of these "secret games" you play everyday of your life: Iffy (If it weren't for you); Sweetheart; Threadbare; Harried; Alcoholic, and many more. A groundbreaking book that bores deep into the heart of all our relationships, GAMES PEOPLE PLAY is a classic that should be read again and again.

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## **Games People Play By Eric Berne M.D. Bibliography**

- Rank: #578851 in Books
- Brand: Ballantine Books
- Published on: 1985-03-12
- Released on: 1985-03-12
- Original language: English
- Number of items: 1
- Dimensions: 7.00" h x 4.25" w x .75" l,
- Binding: Mass Market Paperback
- 192 pages

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#### Review

"An important book . . . a brilliant, amusing, and clear catalogue of the psychological theatraclals that human beings play over and over again."

—KURT VONNEGUT, *Life* magazine

*From the Trade Paperback edition.*

#### From the Inside Flap

Dr. Eric Berne, as the originator of transactional analysis, has attained recognition for developing one of the most innovative approaches to modern psychotherapy. Discover how many of these "secret games" you play everyday of your life: Iwfy (If it weren't for you); Sweetheart; Threadbare; Harried; Alcoholic, and many more. A groundbreaking book that bores deep into the heart of all our relationships, GAMES PEOPLE PLAY is a classic that should be read again and again.

#### About the Author

Dr Berne's other works include 'The Structure and Dynamics of Organisations and Groups' (1963), in which he discussed the application of transactional analysis to group dynamics; 'Principles of Group Treatment' (1966); 'A Layman's Guide to Psychiatry and Psychoanalysis' (1968); and 'What Do Yo Say After You Say Hello?', written shortly before his death in 1970.

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