



The Gift of Peace

By Ben Stein

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The Gift of Peace By Ben Stein

In ancient Hebrew prayers, the highest wish that any worshiper can offer to another is that the Almighty will give the worshiper “the greatest of all gifts—the gift of peace.” Ben Stein’s latest book, *The Gift of Peace*, comprises more than 500 lessons about how to live life in a state of peace. Drawing from wisdom learned in 12-step meetings and from his own meditations, Stein reveals the guideposts that have taken him (over the last 16 years) to a life incomparably more serene and uncomplicated than it once was. The lessons in *The Gift of Peace* are about surrender to God, turning envy around, realizing one’s own unimportance in the universe, and achieving humility through actions as well as thoughts. Think of this book as a lifetime supply of non-addictive, no-side-effect tranquilizers and antidepressants and you have it just about right. Thorough, repeated readings of these homilies, especially upon waking and at bedtime, offer genuine calm and peace.

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Editorial Review

About the Author

Ben Stein can be seen talking about finance on Fox TV news every week. He is known to many as a movie and television personality, especially from Ferris Bueller's Day Off and his long-running quiz show, *Win Ben Stein's Money*. But he has probably worked more in personal and corporate finance than anything else. He has written about finance for Barron's and The Wall Street Journal for decades. He was one of the chief busters of the junk bond frauds of the 1980s, has been a long-time critic of corporate executives' self-dealing, and has written self-help books about personal finance: *How to Ruin Your Life*, ISBN 1-56170-974-3; and *How to Ruin Your Financial Life*, ISBN 1-4019-0241-3. He frequently travels the country speaking about finance in both serious and humorous ways, and has been a regular contributor to the AARP's *Modern Maturity* (now *AARP: The Magazine*). He lives in Beverly Hills, CA.

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