



# How to Stay Alive in the Woods: A Complete Guide to Food, Shelter and Self-Preservation Anywhere

By Bradford Angier

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HOW TO STAY ALIVE IN THE WOODS is a practical, readable-and potentially indispensable-manual for anyone venturing into the great outdoors.

Broken down into four essential sections, Sustenance, Warmth, Orientation and Safety, this enlightening guide reveals how to catch game without a gun, what plants to eat (full-color illustrations of these make identification simple), how to build a warm shelter, make clothing, protect yourself and signal for help. Detailed illustrations and expanded instructions, newly commissioned for this deluxe edition, offer crucial information at a glance, making How to Stay Alive in the Woods truly a lifesaver.

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#### About the Author

**Bradford Angier** (1910 - 1997) was a wilderness survivalist and the author of numerous best-selling books on nature, survival, and living off the land.

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