



The Hypochondriac's Guide to Life. And Death.

By Gene Weingarten

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When every hiccup sounds like the call of doom, each stomach pang hints at incipient cancer, and a headache means it's time to firm up your last will and testament, *The Hypochondriac's Guide to Life. And Death.* provides just the relief you need. Gene Weingarten has spent his whole life immersed in the eclectic details of bizarre symptoms, self-diagnosing every minor ache as a potentially deadly disease. Weingarten examines:

- The mind of a hypochondriac
- How your doctor can kill you
- Ulcers and other visceral fears
- The snaps, crackles, and pops of your body that spell disaster
- Things that can take an eye out
- Interpreting DocSpeak

Blending the neurotic anxieties of Woody Allen, the folksiness of Garrison Keillor, and the absurdist vision of Dave Barry, Gene Weingarten conjures up a hilarious prescription for the hypochondriac that lurks inside all of us.

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Editorial Review

From [Booklist](#)

If even paranoids have real enemies, *Washington Post* "Sunday Style" editor Weingarten humorously demands respect for his own minor mental derangement. Before heading to Washington D. C., Weingarten ran the *Miami Herald's* Sunday magazine. Miami colleague Dave Barry's foreword reveals some stylistic similarities: like Barry, Weingarten takes an ordinary--or only slightly odd--situation and pushes it to its limit. There's a fair amount of true medical information scattered amid satire, sidebars, and tongue-in-cheek charts in chapters on hypochondria, the hypochondriac's relationship with physicians, and a range of behaviors, symptoms, and conditions (e.g., headaches, hiccups, heart disease, tumors, ulcers, obesity, smoking, alcoholism, pregnancy, excretion, and "things that can take out an eye"). Weingarten proudly claims a lifetime of hypochondria, a disease abruptly cured several years ago when he was diagnosed with hepatitis C: what doctors call "the next epidemic." So perhaps Weingarten is a posthypochondriac who recalls the pleasures of imaginary illnesses while coping with all-too-real health problems. *Mary Carroll*

Review

New York Daily News Flat out the funniest book on hypochondria ever written.

Alexandra Jacobs *Entertainment Weekly* Weingarten half-merrily, half-anxiously dispenses with journalistic objectivity...and fleshes out concerns about his own mortality in detail that's not for the squeamish.

Allen B. Weisse, M.D. *Journal of the American Medical Association* If laughter is therapeutic, then this guide is sure to succeed, keeping all of us -- patients and physicians alike -- in stitches.

Jackie Jones Bleecker *The San Diego Union-Tribune* The definitive laugh-out-loud handbook....Hilarious. And Scary.

About the Author

Gene Weingarten is a nationally syndicated humor columnist and a Pulitzer Prize-winning staff writer for *The Washington Post*. He lives in Washington, DC.

Dave Barry is the author of many bestsellers including *Dave Barry's Complete Guide to Guys*, *Dave Barry Turns 40* and *Dave Barry Is Not Making This Up*. A wildly popular syndicated columnist, Barry won the 1988 Pulitzer Prize for commentary. He lives in Miami, FL.

Users Review

From reader reviews:

Michael Colburn:

Reading a publication tends to be new life style within this era globalization. With looking at you can get a lot of information which will give you benefit in your life. Having book everyone in this world can certainly share their idea. Ebooks can also inspire a lot of people. Plenty of author can inspire all their reader with their story or even their experience. Not only the storyline that share in the ebooks. But also they write about the information about something that you need case in point. How to get the good score toefl, or how to

teach your children, there are many kinds of book that you can get now. The authors on earth always try to improve their expertise in writing, they also doing some research before they write with their book. One of them is this The Hypochondriac's Guide to Life. And Death..

Shawn Francis:

The Hypochondriac's Guide to Life. And Death. can be one of your nice books that are good idea. Most of us recommend that straight away because this reserve has good vocabulary which could increase your knowledge in vocab, easy to understand, bit entertaining but delivering the information. The article author giving his/her effort to get every word into enjoyment arrangement in writing The Hypochondriac's Guide to Life. And Death. although doesn't forget the main place, giving the reader the hottest and also based confirm resource data that maybe you can be one among it. This great information may drawn you into fresh stage of crucial imagining.

Heather Snyder:

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Alma Miranda:

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