



Famous Quotes: Inspirational Quotations on Life, Love, Work, Truth and Motivation With Questions To Ponder (Quotations Collection, Quotes to Inspire, Quotes And Sayings Book, Motivational Quotes)

By Dee Cohen

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Famous Quotes has 21 different areas covering popular topics such as money, goals, meaning plus many life issues with words of wisdom from both Eastern and Western thinkers. Each section is followed by question to ponder so you can take these famous sayings further and carry them into your day. This way the quotes don't evaporate but deepen your reflections. Note: Kindle Unlimited + Amazon Prime Members can read this book for free and it can be read on a pc, tablet or smartphone- no Kindle required.

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What we think are contemporary problems both personally and culturally were addressed in great depth during the ages. Use the wisdom of the best minds in history to gain insight into deep life issues. Each topic has a series of questions following it to stimulate further reflection. Try to find 10 minutes a day to read some quotes and get a new perspective on yourself and the world around you.

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Fear: "It is not death that a man should fear, but he should fear never beginning to live" - Marcus Aurelius

Question to Ponder:

How can we see that many of our fears are baseless?

Men and Women: "Marriage is more than finding the right person. It is being the right person" - Anonymous

Question to Ponder:

Do we prefer to find the right person rather than to be the right person? Why is it easy to idealize someone initially?

As a therapist, I find that clients remark that quotes are helpful for shifting out of feelings of hopelessness or feeling stuck. As a yoga teacher, students find that quotes uplift them and help to maintain levels of peace and wonder. We get trapped in our habits of circular thoughts at times and quotes from the wise can release us. Sometimes we need something to stimulate or shake us up and we are lucky to have this rich heritage.

Some Eastern thinkers speak about attachment. What does that mean?

Do we like to indulge and sink into different unconscious states? If so, why?

What do great minds across history say about our habits and the power of persistence?

How can we break through our stories and assumptions more so that we have humor, joy and wonder each day?

Tags: Famous Quotes, East Philosophy Quotes, Wisdom Quotations, Western Philosophy Quotes, Quotes on Love, Spiritual Quotes

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