



# Oxford Handbook of Sport and Exercise Medicine (Oxford Handbooks)

By Domhnall MacAuley

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Fully revised and updated for the second edition, with a new section on the older patient and expanded advice on physiotherapy and rehabilitation programmes, the *Oxford Handbook of Sport and Exercise Medicine* is an indispensable companion for any professional working in sport and exercise medicine.

Sport medicine is an evolving discipline. This handbook brings together the common problems and diagnoses with a focused summary of the latest strategies, management plans, and evidence-based protocols. Authored by leading figures in sport and exercise medicine, this handbook is specially designed to cover the curriculum for postgraduate sport and exercise medicine exams. It presents the core knowledge in a concentrated and concise format. Arranged by system, it focuses on the needs of the patient and offers an immediate guide to all aspects of diagnosis and treatment, exercise benefits, and epidemiology. Practical, accessible, and clinically based, this is the single global handbook for the undergraduate, postgraduate or experienced specialist.

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### **Editorial Review**

#### **Review**

Review from previous edition: "This is an excellent handbook and reference guide. Its comprehensive review of sports medicine with a focus on quickly accessible, usable information is rare in this field...its compact size and logical arrangement by body areas makes it excellent for quick on-field review [but it is] equally useful as an office reference. Just as Harrison's Manual of Medicine, 16th edition is in every medicine resident's white coat, this handbook should be in every sports medicine fellow's medical kit." --Doody's Notes, Mar 2007

#### **About the Author**

Domhnall MacAuley is a specialist in sport and exercise medicine and a senior editor at the BMJ. He was senior research fellow at the Queen's University of Belfast and Professor of Primary Health Care (Research) at the University of Ulster. He has published more than 250 scholarly articles, including 7 books and 75+ original research papers and is a former editor of the British Journal of Sports Medicine. He was one of the first to be awarded specialist accreditation in sport and exercise medicine in the UK and was on the advisory board for the formation of the Faculty of Sport and Exercise Medicine at the Royal College of Surgeons in Ireland, the first such Faculty in the British Isles.

He was awarded the Duke of Edinburgh Prize by the Institute of Sport and Exercise Medicine in 2010 and, in 2011, received the Robert Campbell Memorial Medal from the Ulster Medical Society. He has a wide interest in many sports and has competed at the Commonwealth Games and World Championships.

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