



## Texas Cowboy Cooking

By Tom Perini, Paschal Fowlkes

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**Texas Cowboy Cooking** By Tom Perini, Paschal Fowlkes

TEXAS COWBOY COOKING collects Tom Perini's all-time favorite recipes for mouth-watering Texan food and drinks. Perini also shares his award-winning tips preparing them, including his secrets to cooking the perfect steak - for selecting the cut, preparing it, knowing when to turn it, and when to call it done. Throughout, stunning photography, archival illustrations, and Perini's own dry, Texan wit bring to life the romance, adventure, character, and humor of life in cowboy country.

- \* Beautiful, artful photographs complemented by drawings of regional western art
- \* Written descriptions of historic Texas regions capture the romance of cowboy food and culture
- \* Showcases heritage food, with heirloom recipes and cowboy practicality complemented by modern kitchen shortcuts

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## **Texas Cowboy Cooking** By Tom Perini, Paschal Fowlkes Bibliography

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### Editorial Review

#### Amazon.com Review

What did cowboys eat on the range? It's doubtful their "chuck" much resembled the lively fare offered by restaurateur Tom Perini in *Texas Cowboy Cooking*, a collection of 75 recipes from the Perini Ranch Steakhouse. That said, the dishes, which include the likes of Black Bean and Roasted Corn Salad, Oven Roasted Beef Brisket, and Jessica's Favorite Green Chili Hominy, are just the thing when the call of meat and Tex-Mex seasoning can't be denied. Illustrated with color photos throughout, the book provides a big-food journey, noting en route the Texas lore that gives it context. Most readers will probably pass on the Calf Fries, a local delicacy the author hardly admits are made from beef testicles. But when Perini talks steak--offering useful cut information and such tempting dishes as a Spicy Beef Tenderloin with Roasted Garlic-Horseradish Cream, Round Steak Rolls, and Laredo Broil, a superior version of marinated flank steak--you'll want to pay attention. Other standouts include an exemplary Texas Chili, Winter Squash Soup, Grilled Sourdough with Texas Onion Butter (a recipe for the bread is included), Carrots with Bourbon Sauce, and the fancier Celebration Venison with Ginger and Wine. Desserts aren't neglected, and simple sweets like Grandmother's Pound Cake, Jane's Sweet Potato-Pecan Pie, and Bread Pudding with Whisky Sauce should put a happy end to whatever appetite is left after a massive Perini spread. With a short but interesting section on cowboy life and informative sidebars (such as Aging Beef), the book provides easily made, easily enjoyed food for millennial buckeroos everywhere. --Arthur Boehm

#### From Publishers Weekly

In case the title alone isn't enough to identify this meaty collection as a seriously macho undertaking, there is a foreword by Robert Duvall and a cameo hamburger recipe from Fess Parker, TV's own Davy Crockett. Perini, born and raised a gourmet, knows all there is to know about chuck-wagon cuisine, and his cooking is simplicity itself. Salt, pepper and a small handful of household herbs and spices carry the weight in several dry rubs concocted to coat a prime rib or beef brisket. Salt pork, garlic and a spoonful of chili powder are all the seasonings needed for a classic kettle of Ranch Beans. Similarly, his Fried Catfish and Chicken Fried Steak want nothing more exotic than an egg and some flour or pepper-seasoned cornmeal. And Perini loves his dairy just as much as his beef. He uses a touch of cream in his hamburger recipe (complementing the quarter-cup of strong coffee in his BBQ sauce) and creates a Roasted Garlic-Horseradish Cream that is one part horseradish to eight parts heavy cream. A good dose of ranching history and plenty of pictures of men on their steeds round out the adventure. (Apr.)

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#### From the Publisher

Buffalo Gap, Texas. Population 499. The very heart of cowboy country and home to Tom Perini, one of the most sought-after restaurateurs and cooks of authentic Texan food in the world. Perini has cooked ("I'm not a chef") traditional fare in the kitchens of the James Beard House, at the governor's mansion for George W. Bush, and - as official representative of the Texas Beef Council - from the back of his chuckwagon in Japan. His restaurant's peppered beef tenderloin was ranked the #1 direct-mail gift in the country by the New York Times.

### Users Review

#### From reader reviews:

**Travis Berry:**

Book is to be different for each and every grade. Book for children right up until adult are different content. As you may know that book is very important for people. The book Texas Cowboy Cooking seemed to be making you to know about other expertise and of course you can take more information. It doesn't matter what advantages for you. The reserve Texas Cowboy Cooking is not only giving you a lot more new information but also to become your friend when you feel bored. You can spend your spend time to read your guide. Try to make relationship with the book Texas Cowboy Cooking. You never truly feel lose out for everything if you read some books.

**Ophelia Ellis:**

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**Joaquin Bedard:**

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