

The Oxford Handbook of Positive Psychology and Work (Oxford Library of Psychology)

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The Oxford Handbook of Positive Psychology and Work examines what positive psychology offers to our understanding of key issues in working life today. Drawing on the disparate literatures from positive psychology, management, I/O psychology, and human resources, the volume begins with a consideration of the changing world of work that sets the context for the rest of the book and then moves into a specific consideration of work issues from the perspective of positive psychology. Chapters focus on such topics as strengths, leadership, human resource management, employee engagement, communications, well-being, and work-life balance. Now a portable paperback, this handbook is still a core resource for both researchers and practitioners interested in the application of positive psychology to work.

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Editorial Review

Review

"More than fifty researchers and practitioners have contributed to this handbook from three continents (UK, US, and Australia), bringing a more diverse view of the workplace....The handbook is a must have for students, researchers, consultants, and coaches who seek to bring the latest thinking from positive psychology to the workplace....Consider adding the *Oxford Handbook of Positive Psychology and Work* to your bookshelf in your quest to make work a more positive experience."--As reviewed by Margaret Greenberg, MAPP, for *Positive Psychology News Daily*

"This volume is likely to become a primary resource for anyone--including CEOs, HR directors, consultants, and coaches--interested in the application of positive psychology to work."--*CHOICE*

"...An excellent summary of the state of the field of positive psychology and work...numerous case studies and vignettes often tell exciting stories that point to stimulating directions for future research. Graduate students and practitioners new to the field will likely be inspired by what they read. There is so much of value here, and all involved are to be commended."

--PsyncCRITIQUES

About the Author

Alex Linley, Ph.D., is the Founding Director of the Centre for Applied Positive Psychology (www.cappeu.com), as well as a Visiting Professor in Psychology at the University of Leicester, UK.

Susan Harrington, Ph.D., is a Chartered Occupational Psychologist, a Director at the Centre of Applied Positive Psychology (www.cappeu.com), and a Visiting Fellow in Management at the University of Leicester.

Nicola Garcea, Ph.D., is a Chartered Occupational Psychologist and Consulting Director at the Centre for Applied Positive Psychology (www.cappeu.com).

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