



# The Person: An Introduction to the Science of Personality Psychology

*By Dan P. McAdams*

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**The Person: An Introduction to the Science of Personality Psychology** By Dan P. McAdams

The Person provides psychologists with an organizational scheme for personality psychology. This sets the study of the person into evolutionary and cultural context and divided personality up into three broad areas: dispositional traits, characteristic adaptations, and integrative life stories. The fifth edition has been updated to reflect advances that have occurred in the field of psychology in the past few years. It presents new findings that have been obtained with respect to the correlates of personality traits, the dynamics of motives and goals in human lives, and the meanings and manifestations of life stories. Discussions are included on the new ideas on evolution and morality as well as the role of culture in personality. Psychologists will also find a much stronger and detailed discussion of psychophysiology of extraversion, neuroticism, and the train of sensation-seeking.

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### Editorial Review

From the Back Cover

#### Experience the story of a lifetime

When you want to truly get to know a person, dates and facts about their life will only tell you so much. You need to look at the *stories* that define that person's life, as well as their *individual traits* and *characteristics*, as defined by human nature and culture.

When it comes to studying personality, the larger story matters most of all. In *The Person: An Integrated Introduction to Personality Psychology, Fourth Edition*, Dan McAdams presents a bold and integrative vision for personality psychology that puts many different ideas into a meaningful structure. With this text, you can understand the larger story, and discover how powerful and useful studying personality psychology is today.

The text begins with fundamental evolutionary, social, and cultural contexts for understanding personality, followed by an examination of the three different levels of an individual's personality:

- *Dispositional traits*, a person's general tendencies.
- *Characteristic adaptations*, a person's desires, beliefs, concerns, and coping mechanisms.
- *Life stories*, the stories that give a life a sense of unity, meaning, and purpose.

#### Key Features:

- New streamlined paperback format.
- Updated with recent research findings to engage professors and students alike.
- Presents a clear unifying vision for the field of personality psychology.
- Brings together the best from traditional personality theories and contemporary research.
- Addresses the most important questions that people can ask about their own lives and about human life in general.

### Users Review

#### From reader reviews:

##### Vivian Bennett:

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**Martina Lassiter:**

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