

Annals of the Caliphs' Kitchens


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Written nearly a thousand years ago, al-Warraqs cookbook is the most comprehensive work of its kind. This traditional cookbook with more than 600 recipes from the luxurious cuisine of medieval Islam is also a rare guide to the contemporary culinary culture. Its numerous anecdotes and poems unfold the role of food in the politics of Islams golden era. Introducing this elegant translation is a thorough survey of the period and its food culture. An extensive Glossary, in Arabic and English, of medieval ingredients and dishes, and an Appendix of historical figures provide the necessary reference tools for this work. Making this key resource available in English for the first time to scholars and the general reader fills a gap in the cultural history of medieval Islam. Over 30 color illustrations.

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Editorial Review

Review

Gourmand World Cookbook Award 2007 for best translated cookbook Honorable mention of the Arab American National Museum Book Award 2007 "[...] this is an impressive piece of scholarship and a joy to read both for pleasure and for more sober historical reflection on the ways medieval bourgeois Arab Muslim, and also Christian and Jewish urbanites, enjoyed themselves at table." David Waines, Dept of Religious Studies, Lancaster University, *Journal of Semitic Studies*, Vol. 54, 2009. "[...] this is a major resource that should be in every university library and will be consulted for years to come by anyone who is interested in the history of cuisine in the Middle East." Daniel Martin Varisco, Hofstra University, *Review of Middle East Studies*, 2009

Review

"a fascinating and instructive window into the life and culture of medieval Islam. What is equally exciting is that this translation reveals the medieval Greek historian Galen's Humoral Theory and the Concept of Remediating Food or healing foods that was prevalent in the 10th-century Baghdad. Thus, we learn more about the history of medicine and the art of healing from the medieval world and discover some of the roots of natural healing practices that are prevalent today. We are given the exact recipes for these remedies."

From the Author

On Oct. 14th 2008, Annals of the Caliphs' Kitchens was selected as one of the Top 100 winners of The Best of the Best Gourmand Awards of the Past 12 Years.

Users Review

From reader reviews:

Nelson Wyatt:

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