



Heart and Sole: The Shoes of My Life

By Jane Eldershaw

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Heart and Sole: The Shoes of My Life By Jane Eldershaw

"There are only two kinds of women in the world, those who love shoes and those who had the misfortune to be born without the ability to experience total bliss on finding a pair of perfectly designed pumps in the right size at half price."

Heart and Sole is a lighthearted illustrated memoir, full of wisdom and humor, of one woman's life through her shoes. Jane Eldershaw remembers the shoes she has loved, the ones that turned out to be terrible mistakes, and the important life lessons she learned along the way. She writes about her first pair of heels (and the battle she had with her mother to get them), the white go-go boots and wooden platform shoes of her youth, and the power of red shoes, as well as how to judge a man by his shoes and the importance of girlfriends when shopping for footwear.

Heart and Sole dishes out shoe advice, fashion memories, and warmhearted observations on the shoes of our lives. The perfect gift for every shoe diva and footwear lover.

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Editorial Review

From the Back Cover

Heart and Sole is about the shoes that make you feel wonderful (red strappy sandals), the shoes that turn out to be false friends (those sexy black boots that pinch your toes after two blocks), and the shoes you adore but can't actually wear (the most darling size six pink sneakers snatched up on sale---except you're a size seven). *Heart and Sole* is about the subliminal signals shoes send ("I am beautiful, stylish, and in control!"), and how the right pair can temporarily transform you into whomever you want to be.

Shoe-obsessed? A footwear fanatic? This is your book!

About the Author

Jane Eldershaw is a writer and magazine illustrator. Born in Australia, she has worked for many magazines and newspapers, including the *New Woman* magazine and *Vogue Australia*.

Users Review

From reader reviews:

Eric Graves:

This book untitled *Heart and Sole: The Shoes of My Life* to be one of several books this best seller in this year, here is because when you read this publication you can get a lot of benefit into it. You will easily to buy this kind of book in the book store or you can order it by means of online. The publisher with this book sells the e-book too. It makes you more easily to read this book, since you can read this book in your Smart phone. So there is no reason to your account to past this e-book from your list.

James Ray:

Spent a free time to be fun activity to try and do! A lot of people spent their down time with their family, or their very own friends. Usually they undertaking activity like watching television, likely to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? Could possibly be reading a book might be option to fill your free of charge time/ holiday. The first thing that you'll ask may be what kinds of reserve that you should read. If you want to attempt look for book, may be the guide untitled *Heart and Sole: The Shoes of My Life* can be good book to read. May be it may be best activity to you.

Dan Flood:

People live in this new day time of lifestyle always attempt to and must have the spare time or they will get lot of stress from both way of life and work. So , when we ask do people have free time, we will say absolutely yes. People is human not just a robot. Then we consult again, what kind of activity are there when the spare time coming to you actually of course your answer can unlimited right. Then do you try this one,

reading ebooks. It can be your alternative in spending your spare time, the particular book you have read will be Heart and Sole: The Shoes of My Life.

Robert Ryan:

This Heart and Sole: The Shoes of My Life is brand new way for you who has interest to look for some information because it relief your hunger details. Getting deeper you onto it getting knowledge more you know or you who still having little bit of digest in reading this Heart and Sole: The Shoes of My Life can be the light food for yourself because the information inside this kind of book is easy to get by simply anyone. These books develop itself in the form and that is reachable by anyone, that's why I mean in the e-book form. People who think that in publication form make them feel drowsy even dizzy this publication is the answer. So there is no in reading a publication especially this one. You can find what you are looking for. It should be here for you. So , don't miss this! Just read this e-book sort for your better life along with knowledge.

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