



# The Mask Handbook: A Practical Guide

By Toby Wilsher

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## The Mask Handbook: A Practical Guide By Toby Wilsher

This book, from Europe's leading Mask director and co-founder of the *Trestle Theatre Company*, provides a fascinating demystification of the process of using masks.

Full of simple explanations, and collating over twenty-five years' experience of writing for, directing and acting in masks, *The Mask Handbook* examines how masks have the ability to play the fundamental game of theatre – the suspension of disbelief.

The *Handbook* includes:

- an introduction to the origin of masks
- advice on preparing, making and using masks
- tips on writing, devising and directing maskwork
- lots of fun and effective practical exercises.

This accessible and inspiring handbook will empower teachers, directors and actors to fully explore the world of the mask.

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## **The Mask Handbook: A Practical Guide By Toby Wilsher Bibliography**

- Sales Rank: #1584545 in Books
- Published on: 2006-12-07
- Released on: 2006-10-23
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .46" w x 5.43" l, .56 pounds
- Binding: Paperback
- 200 pages

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## **Editorial Review**

About the Author

**Toby Wilsher** trained at Middlesex University then co-founded Trestle Theatre Company in 1981. For 23 years he was an actor, writer, maker, designer and director for Trestle, seeing his work performed in 31 countries. Since 2004 he is a freelance director, writer and corporate trainer.

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