



How to Talk to a Borderline

By Joan Lachkar

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In *How to Talk to a Borderline*, Joan Lachkar introduces Borderline Personality Disorder (BPD) and outlines the challenges and difficulties it presents to clinicians. She expands current understanding of BPD by outlining eight different kinds of borderline personality disorders and how each of these requires specific communication techniques and methods. Case examples are offered throughout the text and in some cases describe the kinds of partners borderlines attract. This book offers new approaches to communicating, working with, and treating borderline personality disorders while integrating more contemporary treatment methods.

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Editorial Review

About the Author

Joan Lachkar, Ph.D., is a psychotherapist and psychohistorian in private practice in Tarzana, California. She is the author of numerous publications on marital and political conflict, as well as the author of the successful book, *How to Talk to a Narcissist*. Joan Lachkar is an affiliate member and instructor at the New Center for Psychoanalysis, and is a contributing writer for *The Journal of Psychohistory*, *FrontPage Magazine*, and *Family Security Matters*.

Users Review

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Jon Harrill:

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Iris Wright:

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