



If Only

By Geri Halliwell

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She dreamed of becoming a pop star. She fought her way through personal obstacles to emerge--against overwhelming odds--as an international pop sensation: Ginger Spice of the supergroup the Spice Girls. Then, at the height of her fame, Geri Halliwell walked away from it all.

If Only is the inspiring story of Halliwell's roller-coaster journey from insecure teenager to nineties' pop superstar. With wry humor and rare candor, she reveals the hunger for love and acceptance that propelled her from her working-class beginnings to fame beyond her wildest dreams.

She shares candid thoughts about her battle with bulimia...her unforgettable meeting with Prince Charles...her ongoing quest for spiritual fulfillment...the real reason she left the Spice Girls. And she takes us inside the mind and heart of the outrageously dressed performer whose public persona shouted "Girl Power!" yet who constantly strove to discover who she really was.

When she left the Spice Girls in 1998--with a string of number one hits behind her--she was ready to stop being Ginger Spice and start becoming Geri Halliwell. Today, at twenty-seven, she has already embarked on a new journey--a platinum solo album, three number one singles, and the inspirational role of Goodwill Ambassador for the United Nations--rushing toward a future filled with success, fulfillment, and, hopefully, no regrets.

From the Paperback edition.

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If Only By Geri Halliwell Bibliography

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Editorial Review

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The superficiality of this book cannot be overstated. Still, it is a useful pop-cultural document. Halliwell was Ginger Spice in the Spice Girls, the Monkees-/Bay City Rollers-/Sex Pistols-style prefab band that rode a carefully crafted "girl power" media assault to fame and fortune. She treats us to page after page of growing up as the perky, undersized issue of a moderately ne'er-do-well Swedish dad from Liverpool and a feisty, Spanish, Catholic-cum-Jehovah's Witness mom. She pays special attention to her slow bust development, reports wanting to marry George Michael, and says that Lady Di's marriage and transformation into Princess Di show that fairy tales do happen. Snippets from her diary appear throughout, and though only a cynic would question whether they are genuine, they reveal the living, breathing, thinking, feeling human being behind the carefully crafted persona of Ginger Spice. It should be noted that Geri says that Ginger Spice is dead and she, Geri, has matured: "Last week in Los Angeles, I tried on a dress that was a little too tight around the bust. The old Geri would have tried to squeeze into the smaller size, but instead I chose the next size up. For me this was an important step toward self-acceptance." So, publicity ploy or soul-baring journal of a contemporary artiste? Anyone familiar with Geri's role model Madonna's legendary inability to realistically assess herself and her "art" should have no trouble answering that one. There is no denying the probable appeal of this parable in pink gauze, but the sugar sensitive should also be alerted to adequately prepare for it. *Mike Tribby*

Review

"Halliwell bares all in this thoughtful, honest, well-written biography."

-- *Chicago Sun-Times*

"Powerful. . . poignant. . .with frank, funny reflections on fame."

-- *People*

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From the Inside Flap

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Users Review

From reader reviews:

Rodney Alvarez:

Reading can called imagination hangout, why? Because when you find yourself reading a book mainly book entitled If Only your head will drift away trough every dimension, wandering in each aspect that maybe mysterious for but surely can be your mind friends. Imaging every single word written in a reserve then become one type conclusion and explanation which maybe you never get before. The If Only giving you yet another experience more than blown away your mind but also giving you useful info for your better life within this era. So now let us show you the relaxing pattern at this point is your body and mind will likely be pleased when you are finished studying it, like winning a. Do you want to try this extraordinary wasting spare time activity?

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