



Nobu's Vegetarian Cookbook

By Nobuyuki Matsuhisa

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Nobu's restaurants are known the world over for the quality of their ingredients and for the skill and originality with which the food is prepared and presented. Now, in this first cookbook by Nobu to focus on vegetable dishes, the master chef shares his expertise and deep knowledge of Japanese cuisine in more than sixty recipes that showcase vegetables in all their variety.

Throughout the book, the emphasis is on fine and healthy Japanese dining. Nobu uses a wide range of cooking techniques -- from marinating and pickling to steaming, roasting, boiling, frying, grating, etc. - to bring out the full flavors and textures of the vegetables. He also introduces tofu and yuba, both traditional Japanese ingredients made from soy beans; and offers recipes for vegetable sweets and cocktails blending fruits and vegetables.

The text and recipes are accompanied by gorgeous photos taken by Masashi Kuma, the James Beard Award-nominated photographer of Kaiseki and Nobu Miami.

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Nobu's Vegetarian Cookbook By Nobuyuki Matsuhisa Bibliography

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Editorial Review

About the Author

Born in Japan, Nobuyuki Matsuhisa was classically trained in a sushi restaurant in Tokyo before he headed to Peru. He then went on to successive ventures in Argentina, Alaska, and L.A., where he opened Matsuhisa in 1987. Seven years later, Robert De Niro persuaded him to open Nobu New York City. Since then, he has opened 25 more restaurants around the world. In recognition of his influence on cooking worldwide, Time magazine chose him as one of "Asia's Heroes" in 2005. He has appeared as a guest on numerous television shows including "The Martha Stewart Show," "The Tonight Show with Jay Leno," "The Today Show," and others. Nobu's Vegetarian Cookbook is his fifth book; his first (Nobu: The Cookbook) and his most recent (Nobu Miami) were both published by Kodansha International.

Users Review

From reader reviews:

Pedro Engle:

The particular book Nobu's Vegetarian Cookbook has a lot associated with on it. So when you read this book you can get a lot of gain. The book was written by the very famous author. The writer makes some research prior to write this book. This kind of book very easy to read you may get the point easily after looking over this book.

Enrique Flora:

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Fred Scott:

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Dianne Haire:

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