



## Pocket Guide to Herbal Medicine

*By Karin Kraft, Christopher Hobbs*

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### **Pocket Guide to Herbal Medicine** By Karin Kraft, Christopher Hobbs

There is an herbal remedy for most ailments - and you will find the most important ones in this concise pocket guide. Co-authored by Karin Kraft, one of the members of the German Commission E, and Christopher Hobbs, a renowned North-American herbalist, this handy pocket guide gives you the decisive facts about important medicinal herbs, taking into consideration both major European monographs (Commission E and ESCOP) and up-to-date clinical trials. The book goes on to inform the reader on the usage of herbal remedies for a number of common indications. The book gives first-hand, easy to access information on the administration of herbal remedies for the medical practitioner and herbal therapist alike. Profit from the wealth of German tradition, extended by North American experience in the usage of herbal medicines.

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## **Pocket Guide to Herbal Medicine** By Karin Kraft, Christopher Hobbs Bibliography

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### **Editorial Review**

#### **Review**

Overall the information is highly reliable and organized in a way which makes it easy to use. An extensive table on dosages of commonly used herbal medicines, including recommended dosages, is also included. --  
Journal of Ethnopharmacology

#### **From the Back Cover**

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### **Users Review**

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Do you have favorite book? Should you have, what is your favorite's book? Guide is very important thing for us to find out everything in the world. Each publication has different aim as well as goal; it means that reserve has different type. Some people really feel enjoy to spend their time for you to read a book. These are reading whatever they acquire because their hobby is reading a book. Why not the person who don't like reading a book? Sometime, man or woman feel need book if they found difficult problem or perhaps exercise. Well, probably you should have this Pocket Guide to Herbal Medicine.

##### **Veronica McFadden:**

Reading a publication tends to be new life style on this era globalization. With looking at you can get a lot of information that will give you benefit in your life. Together with book everyone in this world may share their idea. Textbooks can also inspire a lot of people. Many author can inspire all their reader with their story or even their experience. Not only the storyplot that share in the publications. But also they write about the data about something that you need illustration. How to get the good score toefl, or how to teach your young ones, there are many kinds of book which exist now. The authors on earth always try to improve their talent in writing, they also doing some study before they write for their book. One of them is this Pocket Guide to Herbal Medicine.

**Sharon Grace:**

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**David Miller:**

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