



# Loving Choices: An Experience in Growing Relationships, Revised Second Edition (Rebuilding Books)

By Bruce Fisher, Nina Hart

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## Loving Choices: An Experience in Growing Relationships, Revised Second Edition (Rebuilding Books) By Bruce Fisher, Nina Hart

Bruce Fisher's work has renewed the lives of hundreds of thousands of divorced men and women around the world. Here's his powerful, personal and practical guide to building new and lasting loving relationships. *Loving Choices* is packed with insights, exercises, and examples to help you get to know and develop a better relationship with yourself, discover how relationships can be your most valuable teachers, and learn how to turn life's challenges into loving choices. Offers improved self-understanding, communication skills, and intimacy for those who've been through painful relationships and divorce.

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### Editorial Review

#### Review

"In *Loving Choices* Bruce Fisher and Nina Hart show us that love for others begins within ourselves. They delicately guide us through the process of releasing limiting behaviors and embracing inner strength and wisdom so we can have healthy relationships."

—**Salle Merrill Redfield**, author of *Creating a Life of Joy*

"A book for those who want to understand the connections between our individual past and potential future. *Loving Choices* serves to heal."

—**James Redfield**, author of *The Celestine Prophecy* and *The Secret of Shambhala*

#### From the Publisher

Books in the Rebuilding Books series "for divorce and beyond" are written for those considering divorce, going through divorce, or rebuilding their lives after divorce. Inspired by the work of renowned divorce therapist, Dr. Bruce Fisher, the Rebuilding Books offer expert information and practical self-help procedures. These straightforward, life-affirming resources can help make the divorce process easier, healthier, and less painful, leading to more-fulfilled lives and stronger "second-time" relationships.

#### From the Back Cover

The author of *Rebuilding: When Your Relationship Ends* has created this powerful, personal, practical, and provocative guide to building new and lasting loving relationships. Bruce Fisher and his partner Nina Hart have packed *Loving Choices* with insights, exercises, and examples to help you...

- get to know the many parts of yourself
- recognize that better relationships with others come from a better relationship with yourself
- discover that relationships are your teachers
- learn how to turn life's challenges into loving choices.

"*Loving Choices* changed my life. This experience was a gift to myself" --Sharon

"Bruce and Nina have developed a science of relationships that makes sense to me as an engineer." --Joe

"We both felt we had a good relationship and wanted something more. *Loving Choices* presented us with levels of growth we never knew were possible." --Elizabeth and John

"We had separated and were contemplating divorce. We were able to transform our relationship into something new and exciting." --Bill and Mary

### Users Review

#### From reader reviews:

##### **Kim Townsend:**

As people who live in the actual modest era should be upgrade about what going on or information even

knowledge to make these people keep up with the era that is always change and move forward. Some of you maybe may update themselves by looking at books. It is a good choice for you but the problems coming to an individual is you don't know which you should start with. This Loving Choices: An Experience in Growing Relationships, Revised Second Edition (Rebuilding Books) is our recommendation to cause you to keep up with the world. Why, as this book serves what you want and wish in this era.

**Catherine Stevenson:**

The feeling that you get from Loving Choices: An Experience in Growing Relationships, Revised Second Edition (Rebuilding Books) is the more deep you digging the information that hide inside the words the more you get interested in reading it. It doesn't mean that this book is hard to know but Loving Choices: An Experience in Growing Relationships, Revised Second Edition (Rebuilding Books) giving you buzz feeling of reading. The author conveys their point in selected way that can be understood by anyone who read the item because the author of this publication is well-known enough. This book also makes your own personal vocabulary increase well. Making it easy to understand then can go along with you, both in printed or e-book style are available. We advise you for having this specific Loving Choices: An Experience in Growing Relationships, Revised Second Edition (Rebuilding Books) instantly.

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**Clarence Cavins:**

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