



# Multimodal Psychiatric Music Therapy for Adults, Adolescents, and Children: A Clinical Manual Third Edition

By Michael Cassity

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From carrying out an initial patient assessment, through designing an appropriate treatment plan, to implementing and evaluating treatment, this manual is a step-by-step guide to practical psychiatric music therapy.

Michael and Julia Cassity outline a range of the most successful music therapy techniques, according to a survey of leading professionals, for a variety of clinical issues and age ranges. The manual uses helpful case studies to illustrate how assessments are made and treatments are chosen, and the appendices provide useful clinical forms and questionnaires for therapists to use with patients.

Multimodal Psychiatric Music Therapy for Adults, Adolescents, and Children is an invaluable learning resource for music therapy students and interns, and a handy reference for practitioners.

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#### **Review**

"This manual has proved to be invaluable to my music therapy clinical students, interns, and professional colleagues working in the mental health arena. It's wonderful to have a 'state of the best practice' manual of music therapists working in mental health settings - this resource enriches our profession." Robert Groene Director of Music Therapy, University of Missouri, MO "A major strength...is that the clinical techniques included in the manual are those submitted via survey and questionnaire by Clinical Training Directors (CTDs) across the country. These are many of the same CTDs with whom interns will be working and learning. --Robert Krout Music Therapy Perspectives Vol.14 No.2, 1996

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#### **About the Author**

Michael D. Cassity is Professor and Coordinator of Music Therapy at Southwestern Oklahoma State University. He has a degree in psychology and a Ph.D. with a major in music therapy and is a past president of the Southwestern Region of the American Music Therapy Association (SWAMTA). Julia E. Cassity is a counsellor and music therapist in private practice. She has a degree in psychology and a Masters in clinical psychology. Julia and Michael Cassity give multimodal psychiatric music therapy workshops across the U.S.

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