



# Sexual Intelligence: Boost Your Sex IQ and Get Exactly What You Want in Bed

*By Dr. Sheree Conrad, Dr. Michael Milburn*

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## Sexual Intelligence: Boost Your Sex IQ and Get Exactly What You Want in Bed By Dr. Sheree Conrad, Dr. Michael Milburn

### Get What You Want in Bed

Most couples agree that sex is an important part of a relationship, yet only a small percent claim to have a truly satisfying sex life. But no one has to live that way. This provocative and informative book will provide you with everything you need to know to boost your “sex IQ” and gain greater satisfaction—starting with the invaluable Sexual Intelligence Test.

Developed by Dr. Sheree Conrad and Dr. Michael Milburn as part of their groundbreaking scientific study, the test has proven to be an accurate predictor of how satisfied people are when they’re between the sheets—and you can reap the benefits of this extraordinary survey. After you measure your own sexual intelligence, you can identify your weakest areas and use the tools provided by Conrad and Milburn to get exactly what you want in bed. With the help of this practical guide, you will learn:

- \* All the reasons people have sex
- \* What constitutes a “normal” sex life
- \* How to escape the confines of gender stereotypes
- \* The mysteries of sexual attraction
- \* How to use sexual intelligence to stay faithful

Filled with uplifting stories from the men and women whose sex lives were transformed by Milburn and Conrad’s thought-provoking study, as well as useful advice on how to shed your inhibitions and break free of cultural taboos, **Sexual Intelligence** will forever change the way you think about and practice sex.

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### Editorial Review

#### Review

"Sheree Conrad and Michael Milburn bring a much-needed sanity to that confusing and unruly terrain, our sexual lives."

—Daniel Goleman, author of *Emotional Intelligence*

#### From the Inside Flap

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**Gary Lewis:**

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